

# Map reading, navigating from maps, and the medial temporal lobe

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**We administered map-reading tasks in which participants navigated an array of marks on the floor by following paths on hand-held maps that made up to nine turns. The burden on memory was minimal because the map was always available. Nevertheless, because the map was held in a fixed position in relation to the body, spatial computations were continually needed to transform map coordinates into geographical coordinates as participants followed the maps. Patients with lesions limited to the hippocampus ( $n = 5$ ) performed similar to controls at all path lengths (experiment 1). They were also intact at executing single moves to an adjacent location, even when trials began by facing in a direction that put the map coordinates and geographical coordinates into conflict (experiment 2). By contrast, one patient with large medial temporal lobe (MTL) lesions performed poorly overall in experiment 1 and poorly in experiment 2 when trials began by facing in the direction that placed the map coordinates and geographical coordinates in maximal conflict. Directly after testing, all patients were impaired at remembering factual details about the task. The findings suggest that the hippocampus is not needed to carry out the spatial computations needed for map reading and navigating from maps. The impairment in map reading associated with large MTL lesions may depend on damage in or near the parahippocampal cortex.**

hippocampus | memory | spatial navigation

Two views have been central to discussions about the function of the hippocampus. One view grew out of work with humans, and emphasizes the importance of the hippocampus for memory (1, 2). By this view, the hippocampus is important for the formation of long-term (declarative) memory, not for immediate memory or for its maintenance by what is ordinarily termed working memory. The second view grew out of work with rodents, and emphasizes the importance of the hippocampus for spatial navigation (3, 4). The suggestion here is that the hippocampus is needed to perform certain online spatial computations. In one sense, these views are compatible because spatial memory is a type of memory. However, a potential conflict arises when one turns to tasks of spatial navigation that are manageable within working memory. What is the role of the hippocampus in this circumstance?

A number of studies have explored the possible importance of the human hippocampus for spatial tasks, including navigation. For example, one study reported hippocampal activity during topographical learning of a real-world environment (through viewing films) but less activity during the learning of events that occurred in the environment (5). Other studies reported that the hippocampus exhibited more activity when participants accurately navigated through familiar, virtual-reality towns than when participants needed only to follow a marked route through the same towns (6, 7). In addition, patients with hippocampal lesions were impaired at navigational tasks involving recently explored environments (8–10).

It is notable that the spatial tasks in these studies appear to involve either encoding of spatial information into long-term memory or retrieval of recently acquired spatial information. A question therefore remains about the role of the hippocampus in

spatial navigation tasks that might be manageable within working memory, which is thought to be independent of the hippocampus. For example, in tasks of path integration, participants search for a target in the dark and then try to return to the start point. In this situation, working memory appears to support performance. Participants report trying to hold the start location in mind and trying to update their position as they move. Moreover, even healthy individuals performed successfully only when they traveled short distances in a short amount of time and made no more than two or three turns. With more complex paths, participants became lost and performed poorly (11). In two studies, performance on path integration tasks was fully intact in patients with hippocampal lesions or large medial temporal lobe (MTL) lesions (11, 12).

There are other tasks that require different spatial computations from path integration and that place even less burden on memory. For example, consider a task of navigation that requires following a path as directed by a hand-held map that is always in a fixed position relative to the body. In this case, there is little burden on memory because the map is always available. Nevertheless, because the map is held in a fixed position, spatial computations are continually needed as one moves through space to transform map coordinates into spatial coordinates in the environment. The question of interest is whether performance in such a task would be intact after hippocampal lesions (because working memory can support performance as needed). Alternatively, performance might be impaired because the spatial requirements of the task depend on the hippocampus, and the hippocampus supports certain spatial functions regardless of the burden on memory.

## Significance

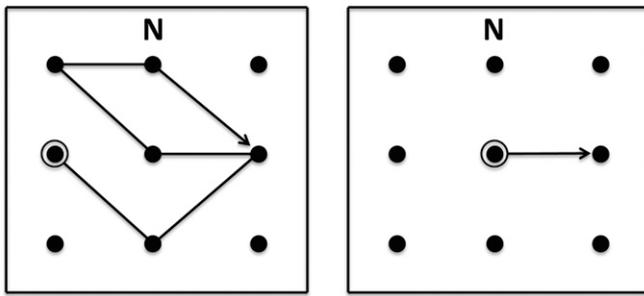
**The hippocampus has been linked to both memory and spatial cognition, but these ideas are not entirely compatible. We administered navigation tasks in which participants transformed map coordinates into geographical coordinates to follow paths indicated on maps. Patients with limited hippocampal lesions performed normally. A patient with large lesions that damaged the hippocampus as well as the adjacent parahippocampal gyrus was impaired. All the patients were impaired at remembering facts about the task. The findings suggest that the spatial computations needed for navigating from maps are independent of the hippocampus. The impairment after large medial temporal lobe lesions may result from damage to the posterior parahippocampal gyrus. The findings emphasize the importance of the hippocampus for memory functions.**

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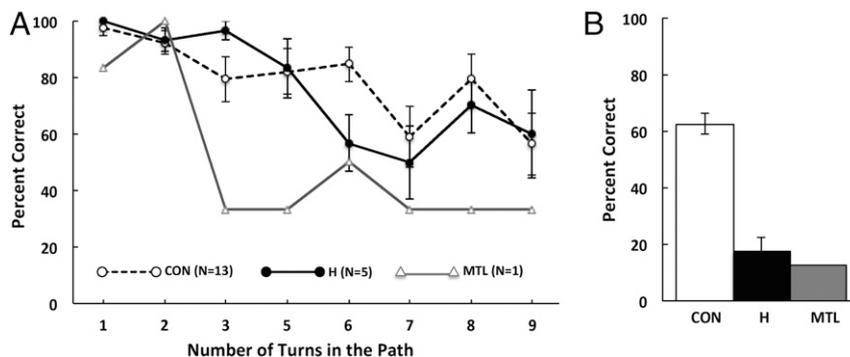


**Fig. 1.** Sample maps from experiment 1 (Left) and experiment 2 (Right). Participants walked a  $3 \times 3$  array (2.8-m square), following paths indicated on hand-held maps. The maps were held in a fixed position during testing, with north (indicated by N on the map) always farthest from the body. The letter N was also posted on the north wall of the room to indicate geographical north. In experiment 1, participants began by facing north, and path lengths ranged from one to nine turns. The move away from the start position (the highlighted circle) was not counted as a turn, so the sample map shown here consists of five turns. In experiment 2, participants began by facing a particular direction (north, south, east, or west) and then turned to make a single move to an adjacent location.

It was reported informally that the severely amnesic patient H.M. was impaired in a map-reading task when he needed to follow a path indicated on a map (13), but no details were given. To illuminate the role of the hippocampus in spatial navigation, we have administered map-reading tasks that required navigation but were intended to be manageable within working memory. In the tasks, participants navigated an array of marks on the floor by following paths on hand-held maps (Fig. 1). We gave these tests to five memory-impaired patients with damage limited to the hippocampus, one patient with large MTL lesions, and controls (13 in experiment 1; 12 in experiment 2).

## Results

**Experiment 1.** Performance was measured as the percentage of successfully completed paths at each path length (three trials per path length) (Fig. 2A). For all three groups of participants, performance declined as the total number of turns in a path increased. The hippocampal patients performed similar to the controls across path lengths ( $F[1,16] = 0.07$ ,  $P > 0.10$ ). The patient with large MTL lesions performed worse than the controls at all path lengths ( $P_s \leq 0.05$ ), except for the paths involving two turns. Both the hippocampal patients and the MTL patient were markedly impaired at remembering factual details about the experiment ( $P_s < 0.01$ ; Fig. 2B).



**Fig. 2.** (A) Success rate at completing a path as a function of the total number of turns in the path (experiment 1). Three trials were given at each of eight path lengths (24 different maps). There were no paths involving four turns. (B) Accuracy at answering eight factual questions about the task immediately after completing the final path. CON, controls ( $n = 13$ ); H, patients with lesions limited to the hippocampus ( $n = 5$ ); MTL, a patient with large lesions of the MTL. Error bars denote SEs.

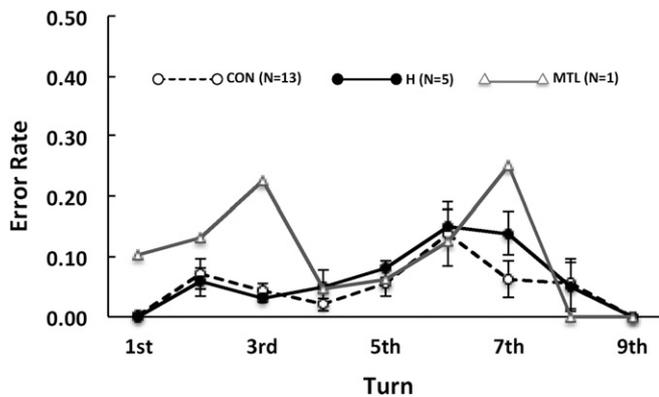
For hippocampal patients and controls, longer paths were more difficult than shorter paths simply because there was a constant probability of error at each turn (Fig. 3). As a result, as turns accumulated and paths grew longer, it became more difficult to complete the path correctly. Fig. 3 shows that the error rate was similar for turns that occurred early and late along the path. For example, the error rates for both the hippocampal and control groups at turns 8 and 9 were virtually the same as the error rates at turns 1 and 2 ( $t[17] = 0.06$ ,  $P > 0.10$ ). Note that a constant error rate at each turn (5% for controls and hippocampal patients) closely predicted performance scores on paths of different lengths. Specifically, a regression analysis using this constant error rate to predict performance scores across path lengths explained 75.2% of the variance in the hippocampal group ( $r = 0.87$ ,  $P < 0.01$ ) and 64.8% of the variance in the control group ( $r = 0.80$ ,  $P < 0.01$ ). The patient with large MTL lesions had irregular error rates across turns (Fig. 3).

**Experiment 2.** Performance was measured as the number of successfully completed trials for each facing direction (Fig. 4). For controls, trials that began by facing south were marginally more difficult than trials that began by facing other directions ( $P_s < 0.06$ ). The hippocampal patients performed similar to the controls at all facing directions ( $F[1,15] = 0.41$ ,  $P > 0.10$ ). The patient with MTL lesions performed similar to the controls when he began by facing north, east, or west ( $P_s > 0.10$ ) but was severely impaired when he began by facing south ( $P < 0.05$ ). Several controls and patients commented that the trials were more difficult when they began by facing south. One patient commented that “you had to visualize yourself facing north.” Another patient stated, “you gotta look for the N [north].”

In both experiments 1 and 2, hippocampal patients performed similarly on the two test sessions. In experiment 1, the hippocampal patients scored  $71.7 \pm 6.3\%$  correct on the first test and  $80.8 \pm 4.5\%$  correct on the second test ( $P = 0.10$ ; controls  $78.9 \pm 5.8\%$ ). In experiment 2, the hippocampal patients scored  $86.7 \pm 3.3\%$  correct on the first test and  $89.2 \pm 3.9\%$  correct on the second test ( $P > 0.10$ ; controls  $91.0 \pm 4.2\%$ ). G.P. scored 45.8% correct and then 54.2% correct in experiment 1 and 91.7% correct and then 75.0% correct in experiment 2.

## Discussion

We investigated the role of the hippocampus in map reading. Participants navigated an array of marks on the floor by following paths on hand-held maps. Because the maps were held in a fixed position relative to the body, spatial computations were continually needed as one moved through space to transform map coordinates into geographical coordinates. In experiment 1,



**Fig. 3.** Probability of making an error on the  $n$ th turn of the path given perfect performance through turn  $n - 1$  ( $n = 1-9$ ; experiment 1). Trials ended when an error was made. Error bars denote SEs.

the paths required making one to nine turns. Patients with lesions limited to the hippocampus performed similar to controls at all path lengths (Fig. 2A). In addition, both patients and controls had similar error rates at each turn, regardless of whether a turn occurred early or late in the path (Fig. 3). Unlike the patients with hippocampal lesions, the patient with large MTL lesions performed poorly overall (except for paths involving two turns) and had irregular error rates. Last, both the hippocampal patients and the MTL patient were impaired at recalling factual details about the task immediately after completing the final path (Fig. 2B). In experiment 2, participants began each trial facing in a particular direction (north, south, east, or west). Participants then turned and made a single move in one direction as directed by the map. The hippocampal patients performed similar to the controls at all facing directions. The MTL patient performed as well as the controls when he began by facing north, east, or west. However, he was severely impaired when he began by facing south, the condition that placed map coordinates and geographical coordinates in maximal conflict.

These findings suggest that the hippocampus is not needed for the spatial computations that support map reading and navigating from maps. In the study, the role of memory was minimal because the map was always available during testing, and participants needed only to keep the instructions in mind. In experiment 1, the error rates were constant at each turn. Thus, there was no cumulative burden on memory as paths increased in length. In experiment 2, participants needed only to view the map, transform the map coordinates into spatial coordinates for the room, and then execute a single move to an adjacent location.

In earlier studies of path integration in patients with hippocampal lesions, patients also performed as well as controls, apparently by using working memory to hold a start location in mind as they moved through space (11, 12). These findings and the current findings are not inconsistent with the possibility that the computations needed for spatial tasks are carried out in parallel at more than one site (including the hippocampus). However, the findings count against the idea that the hippocampus is the only site that can carry out the computations.

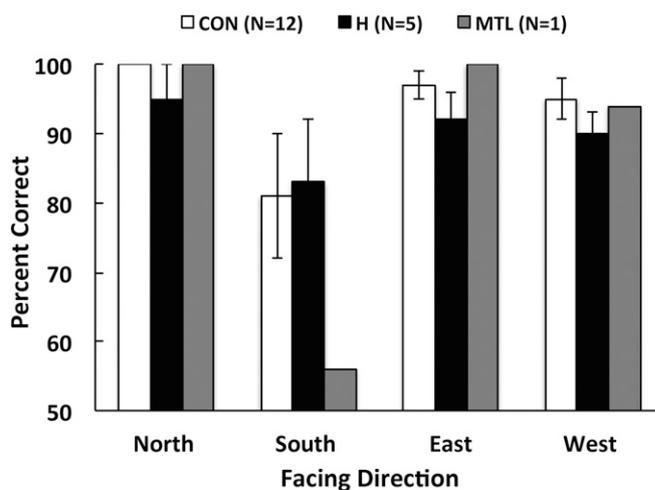
Our findings complement the results of earlier studies of spatial learning and memory. In these studies, patients with bilateral hippocampal damage or unilateral temporal lobe lesions learned about a new environment and were then tested for their ability to recall locations, navigate the environment, draw maps of the environment, or make judgments about the distance and proximity of locations (8–10). The patients were impaired on these tasks, consistent with the demonstrated importance of the hippocampus in tasks that require the formation of long-term memory. By contrast, the present study shows that performance on spatial tasks was intact after hippocampal lesions when the tasks did not require new learning,

as in map reading. However, when a requirement for long-term memory was introduced in the same context, by asking questions about what occurred during testing, performance was markedly impaired.

The MTL patient (G.P.) was impaired in map reading at nearly all path lengths (experiment 1) and at single-move paths when trials began by facing south (experiment 2). Note that south-facing trials were difficult for all participants (Fig. 4). In these trials, the map is rotated 180° from geographical north. Accordingly, the direction indicated by the arrow is opposite the direction in which the participants should move.

Patient G.P. has extensive MTL damage that involves most of the hippocampus, entorhinal cortex, temporopolar cortex, perirhinal cortex, and parahippocampal cortex bilaterally [see ref. 14 for eight coronal magnetic resonance (MR) images and detailed description of the lesion]. On the basis of neurohistological findings from a similar case (15), we recognize that loss of afferent and efferent connections to and from the MTL in G.P. could have resulted in abnormal tissue in areas beyond what was detected in the MR images. In any case, one possibility is that damage to the parahippocampal cortex is responsible for G.P.'s impairment. The parahippocampal cortex receives projections from dorsal visuospatial processing areas, including the posterior parietal cortex (16), and damage to the parahippocampal cortex in humans and nonhuman primates is sufficient to disrupt spatial learning and memory (17, 18). In addition, in humans, a region including the parahippocampal cortex (termed the parahippocampal place area) was found to respond selectively to scenes that showed layouts of local space, even when there was no requirement to learn or remember (19). Although G.P. does not exhibit the marked topographical disorientation that has been described after damage to this region (20, 21), he did poorly in the present study when he had to operate between different sets of spatial coordinates.

Despite this impairment, G.P. performed well in earlier studies of path integration, which also require navigation and spatial computations (11, 12). Moreover, the severely amnesic patient E.P. (15), whose MTL lesion was similar to G.P.'s lesion, performed as well as controls at mentally navigating the environment where he and the controls grew up (22). E.P. was not tested on map reading. In any case, path integration and mental navigation tasks are not



**Fig. 4.** Success rate at following map paths when facing different directions at the start point (experiment 2). Each path required only one move (Fig. 1, Right). Note that when a participant began by facing south, the orientation of the map (which was held in a fixed position against the body) was rotated 180° from true north. Accordingly, the direction indicated by the arrow was opposite the direction in which the participant needed to move. Error bars denote SEs.

**Table 1. Characteristics of memory-impaired patients**

Patient	Age, y	Education, y	WAIS-III IQ	WMS-R				
				Attention	Verbal	Visual	General	Delay
D.A.	31	12	95	104	90	91	90	56
K.E.	72	13.5	108	114	64	84	72	55
L.J.	76	12	101	105	83	60	69	<50
R.S.	57	12	99	99	85	81	82	<50
J.R.W.	51	12	90	87	65	95	70	<50
G.P.	67	16	98	102	79	62	66	50

The Wechsler Adult Intelligence Scale (WAIS-III) and the Wechsler Memory Scale-Revised (WMS-R) yield mean scores of 100 in the normal population with an SD of 15. The WMS-R does not provide numerical scores for individuals who score below 50. The IQ score for D.A. is from the Wechsler Adult Intelligence Scale IV.

the same as map reading and do not require the specific computations that are needed in map reading to transform map coordinates into room coordinates. Accordingly, we suggest that executing the computations unique to map reading may depend on areas in or near the parahippocampal cortex that are part of the parahippocampal place area. The same suggestion may account for patient H.M.'s difficulty on an apparently similar task (13). That is, his impairment likely depends not on hippocampal damage but on damage to the adjacent cortex.

Because G.P.'s memory impairment is so severe, we considered the possibility that his memory impairment might have somehow disrupted his performance on the map-reading tasks. For example, he might have forgotten the instructions, particularly in experiment 1, when he needed to follow maps through as many as nine turns. However, this possibility seems unlikely, because in other tests involving navigation, G.P. was readily able to hold instructions in mind (presumably in working memory) when trials extended across 15–30 s (11, 12). In other tests as well, his working memory capacity appeared to be intact (23, 24).

In summary, patients with restricted hippocampal lesions performed as well as controls in two map-reading tasks, when participants needed to transform map coordinates into geographical coordinates. However, directly after testing, the patients were impaired at recalling facts about the task itself. In contrast to the findings for hippocampal patients, a patient with large MTL lesions was markedly impaired at both map-reading tasks. The findings indicate that the hippocampus is not needed to carry out the specific computations involved in map reading, although it is essential for remembering the facts about the testing session. We suggest that the impairment in map reading associated with large MTL lesions may result from damage in or near the parahippocampal cortex.

## Materials and Methods

**Participants.** Six memory-impaired patients participated, five with bilateral lesions thought to be limited to the hippocampus (CA fields, dentate gyrus, and subicular complex) and one with larger MTL lesions (Table 1). Patients R.S. and D.A. became amnesic in 1998 and 2011, respectively, following a drug overdose and associated respiratory failure. Patient K.E. became amnesic in 2004 after an episode of ischemia associated with kidney failure and toxic shock syndrome. Patient L.J. (the only female) became amnesic in 1988 during a 6-mo period with no known precipitating event. Her memory impairment has been stable since that time. Patient J.R.W. became amnesic in 1990 following an anoxic episode associated with cardiac arrest.

Estimates of MTL damage were based on quantitative analysis of MR images from 19 age-matched, healthy males for K.E., R.S., J.R.W., and G.P., 8 younger healthy males for D.A., and 11 age-matched, healthy females for patient L.J. (25). Patients K.E., R.S., J.R.W., L.J., and D.A. have an average bilateral reduction in hippocampal volume of 49%, 33%, 44%, 46%, and 35%, respectively. All values are more than 2.9 SDs from the control mean. On the basis of two patients (L.M. and W.H.) with similar bilateral volume loss in the hippocampus for whom detailed postmortem neurohistological information was obtained (2), the degree of volume loss in these six patients may reflect nearly complete loss of hippocampal neurons. The volume of the parahippocampal gyrus (including temporopolar, perirhinal, entorhinal, and parahippocampal cortices) is reduced

by 11%, –5%, 12%, –17%, and –5% for K.E., R.S., J.R.W., L.J., and D.A., respectively (all values are within 2 SDs of the control mean). These values are based on published guidelines for identifying the boundaries of the parahippocampal gyrus (26, 27). Negative values indicate instances where the volume was larger for a patient than for controls.

One patient (G.P.) has severe memory impairment resulting from viral encephalitis. His memory impairment is so severe that, during repeated testing over many weeks, he did not recognize that he had been tested before (28). G.P. has an average bilateral reduction in hippocampal volume of 96%. The volume of the parahippocampal gyrus is reduced by 94%. Eight coronal MR images from each patient, together with detailed descriptions of the lesions, can be found elsewhere (14).

Thirteen healthy volunteers participated in experiment 1, including three females (mean age  $64 \pm 9.8$  y; range 47–78 y; mean education  $14 \pm 2.0$  y; patients: mean age 59 y; mean education 13 y; Table 1). Twelve of these 13 volunteers participated in experiment 2. All procedures were approved by the Institutional Review Board at the University of California, San Diego, and participants gave written informed consent before participation.

**Procedure.** The tasks were based on a navigation test described earlier (29). Participants attempted to follow paths indicated on 30.5-cm  $\times$  30.5-cm maps (Fig. 1). The black letter “N” appeared at the top of each map to indicate north. The 3  $\times$  3 array of circles on the maps corresponded to an array of nine circular markers (15.3-cm diameter) placed on the floor of an indoor space. The array on the floor measured 2.8-m square. A red letter N was fixed to the north wall of the room to indicate geographical north. Participants were asked to navigate the array on the floor by following the path indicated on the map. Importantly, they were instructed to maintain the map in a fixed orientation with the N on the map always away from the body. Participants were also instructed to walk only forward (i.e., not backward or sideways). Accordingly, as participants made turns, the orientation of the hand-held maps was frequently rotated away from true north. Thus, to navigate correctly, participants needed to continually translate the spatial coordinates of the map into geographical coordinates. One of the experimenters recorded the path taken by each participant. A trial ended when a participant made an error by moving to the wrong point on the floor.

**Table 2. Factual questions about experiment 1**

Item	Questions
i)	How many sample maps did I show you while I was giving you the instructions?
ii)	How many practice trials were you given in the beginning of this test?
iii)	During the practice trials, who took you to the start dot?
iv)	How many regular trials do you think were given during this test?
v)	What was the color of the letter N on the map?
vi)	What was the color of the letter N on the whiteboard?
vii)	While following a path, what was the maximum number of turns you think you made?
viii)	While following a path, what was the minimum number of turns you think you made?

**Experiment 1.** Participants attempted to follow each of 24 different paths (Fig. 1, Left). The paths involved one, two, three, five, six, seven, eight, or nine turns (three of each of the eight types) and could start at any circle in the array except for the four circles at the corners. The number of turns in the path refers to the number of times during a trial that a participant needed to turn the body to proceed to the next point on the path. The first move away from the start position did not count as a turn. Testing began with two practice trials (no feedback).

For formal testing, trials began with participants facing north and standing on the start circle. Immediately after completing all 24 trials, participants were asked to recall eight facts about the task (Table 2). Controls were tested once, and patients were tested twice with the same 24 maps (mean 65 d between tests). The factual questions were asked only after the first session. The maps were presented in a different mixed order for each participant.

**Experiment 2.** Participants attempted to follow 24 different paths, each requiring only one move (Fig. 1, Right). Trials began with participants facing

north (two trials), west (nine trials), east (five trials), or south (eight trials) and standing on one of the circles in the array (but not at a corner). The facing directions and the start locations were those that were the most difficult for participants in experiment 1. The end point of the path could be any of the adjacent circles in the array (except for the circle that could be reached by walking straight ahead). Before testing, two practice trials were given (with feedback). Controls were tested once, and patients were tested twice (mean 52 d between tests). The maps were presented in a different mixed order for each participant.

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